



Canadian  
Psychiatric  
Association

THE  
**Great-West Life**  
ASSURANCE  COMPANY

STRONGER COMMUNITIES TOGETHER™

## The Great-West Life Centre for Mental Health in the Workplace Clinical Innovation Fund: 2008 Award Recipients

The Clinical Innovation Fund was established in 2006 with a pledge from The Great-West Life Assurance Company to the Foundation of the Canadian Psychiatric Association (FCPA) through *The Key to Giving™*, the national corporate citizenship program of Great-West Life, London Life and Canada Life. The fund was made available to psychiatrists and associates, encouraging them to share any original, innovative practices and approaches aimed at improving a patient's ability to successfully return to work and prevent relapse. Six award recipients have been named in 2008:

### 1) **Implementation of an Innovative Strategy to Improve Collaboration Between Psychiatrists and Family Doctors**

*Principal Applicant* : Dr. Alain D. Lesage, MD, FRCP, DFAPA, FCPA, Full Professor, Department of Psychiatry, Université de Montréal and Centre de recherche Fernand-Seguin, Hôpital Louis-H. Lafontaine, Montreal

*Co-Applicants*: Professor François Borgeat, MD, FRCP, Full Professor, Department of Psychiatry, Université de Montréal and Emeritus Professor, Department of Psychiatry, University of Lausanne

Dr. Nida Sieu, MD, Senior Resident in Psychiatry, Université de Montréal

Dr. Christo Todorov, Associate Clinical Professor, Department of Psychiatry, Université de Montréal, Head of the anxiety and mood disorders program, Hôpital Louis-H. Lafontaine

Dr. François-Yves Prévost, MD, general practitioner, Director of Medical Services, CSSS de la Pointe-de-l'île, Montreal

Dr. Ghislaine O. Roederer, MD, PhD, general practitioner

### 2) **Evaluation of a Disease Management Intervention Designed to Reduce Disability**

The Canadian Network for Mood and Anxiety Treatments (CANMAT) is evaluating a validated audit tool known as Chart Stimulated Recall (CSR) and this evaluation will guide further refinement of intervention to improve treatment of working Canadians.

*Principal Applicant*: Dr. Sagar V. Parikh, Psychiatrist, Toronto Western Hospital

*Co-Applicant*: Dr. Ray Lam, Professor of Psychiatry, University of British Columbia

### 3) **Mindfulness-based Cognitive Therapy for the Prevention of Depressive Relapse in the Workplace**

This project will develop improved mindfulness-based cognitive therapy treatment protocols for employees who have recovered from depression in order to increase their potential for a successful stay at work.

*Principal Applicants*: Dr. Mark Lau, PH.D., R.Psych., Research Scientist, Director, BC Cognitive Behaviour Therapy Network Dr. Andrea Grabovac, M.D., FRCP(C), Consultant Psychiatrist, Vancouver Hospital and Health Sciences Center

### 4) **Antidepressant Skills @ Work: Dissemination of a Behavioural Intervention for Low Mood and Depression in Psychiatric Care**

The objective of this project is to assess the feasibility of disseminating to a larger group of psychiatrists and patients, the evidence based Antidepressant Skills @ Work resource to address issues such as presenteeism, relapse prevention and returning to the workforce.

*Principal Applicant*: Dr. Joti Samra, R.Psych, Adjunct Professor and Scientist, Centre for Applied Research in Mental Health & Addiction, Faculty of Health Sciences, Simon Fraser University

*Co-Applicants*: Dr. Elliot Goldner, MD, FRCPC, Professor, Faculty of Health Sciences, Simon Fraser University Dr. Derryck H. Smith, MD, FRCPC, Clinical Professor, Department of Psychiatry, University of British Columbia

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**5) Identifying Factors Associated with Risk of Workplace Violence and Aggression by Employees**

The objective of this project is to assist in workplace risk assessment for violence and aggression, develop a measure that will improve reliability and validity of risk assessments, and reduce workplace violence and aggression through identification of at-risk individuals for appropriate intervention.

*Principal Applicants:* Michael Seto, Ph.D., Psychologist, Law and Mental Health Program, Centre for Addiction and Mental Health; Philip Klassen, M.D., FRCP, Deputy Clinical Director, Law and Mental Health Program, Centre for Addiction and Mental Health; Maurice Siu, M.D., FRCP, Psychiatrist, Law and Mental Health Program, Centre for Addiction and Mental Health

**6) Development and Evaluation of a Return to Work Program for Persons with Anxiety Disorders**

This project can be described as focusing on the efficacy of return to work programs with persons with anxiety disorders.

*Principal Applicant:* Jaye Wald, Ph.D., Assistant Professor, Dept. of Psychiatry, University of British Columbia

*Co-Applicants:*

Izabela Schultz, Ph.D., Professor, Dept. of Educational and Counselling Psychology and Special Education, University of British Columbia

Maureen Whittal, Ph.D., Director, Anxiety Disorders Clinic, University of British Columbia Hospital

Ramandeep Randhawa, MD, FRCPC, Staff Psychiatrist, Anxiety Disorders Clinic, University of British Columbia Hospital

Kevin Kjernisted, MD, FRCPC, Staff Psychiatrist, Anxiety Disorders Clinic, University of British Columbia Hospital

William Panenka, MD, Department of Medicine, University of British Columbia

George Hadjipavlou, MD, Staff Psychiatrist, Anxiety Disorders Clinic, University of British Columbia Hospital